



Epworth HealthCare

October 2006

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It's hard to believe that Epworth Eastern recently celebrated its first anniversary after opening in June 2005. There have been numerous challenges and issues to resolve. As we move forward we are consistently evaluating and refining various workflow processes, to create not only a more efficient environment, but also one which enhances our ability to support our Doctors, whilst providing the highest standard of care.

Over the last few months the Hospital has received official accreditation status from the Australian Council of Healthcare Standards (ACHS) and a Tier 1 Health Fund Contract with DVA (no prior approval for admission required). We have worked hard towards the introduction of several new service profiles, which will become available over the September/October period. This will include a Paediatric ENT and Plastics service and a Sleep Disorder Clinic.

A further novel and exciting initiative to be launched in early September is our new Multi-disciplinary Urology and Prostate Healthcare Unit. The Hospital is indeed fortunate to have access to a wide range of key cancer specialists and treatment modalities on campus. We have collaboratively facilitated the initiation of a care continuum that involves a peer review of all cases that present. This results in an enhanced level of consideration regarding the most appropriate form of treatment options for the patient. The Unit is also supported by a dedicated

Nurse Specialist to assist patients and their families both pre and post operatively.

In response to continued consultation with our accredited VMO's, the Hospital also recently decided to introduce a paper based prescribing option for practitioners. We hope to reduce levels of uncertainty around the use of the E-Prescribe system. Whilst the electronic medications management application has recently been significantly upgraded and improved, practitioners will have a choice of how they wish to prescribe at the Hospital. Interestingly, in excess of 75% of practitioners are still using the electronic option.

I trust that you will enjoy this edition of the Epworth Eastern Medical Newsletter and learn more about what we do in this dynamic acute care environment.

*Dr. Peter Hughes
Director Epworth Eastern*

Eastern Gets Involved In Box Hill Hawks Community Day!



On Sunday 25 June, Epworth Eastern were involved in the Box Hill Hawks Community Day. Our marquee, manned by Epworth Eastern staff, gave the public the opportunity to have their blood pressure taken by Ronelle Kok and receive advice on food intake from our dietician Caroline Adams. The kids played kick to kick with physio Darren Ross, while others enjoyed the Face Painters.

Cover Band "Eat my Shorts" played music and MC'd the day and a presentation was made to Box Hill Captain Kristan Height for playing his 50th game for the club. A Banner was also produced for the team as they came out onto the field, thanks to the HFC

Cheer Squad.

A Budget Hummer was on display, as was the Life Education Caravan. The Alpha Dental Van promoted the benefits of mouth guards in sport, and Budget Car toys were given away at the front gate to the first 500 kids.

The Hawks Mascot "Hawka", Harold the Giraffe and McDonalds' Mascot Hamburgular were present before the game as well as ¼ time and ½ time.

As you can see, there was plenty of action at City Oval. It was a terrific day for all involved.

Disclaimer

The views expressed in this newsletter are not necessarily those of the editor or Epworth.

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Epworth Eastern is a division of
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MEDICATIONS MANAGEMENT AT EPWORTH EASTERN HOSPITAL

Epworth Eastern Hospital advises that in addition to the E-Prescribe system, a paper based prescription system is available.

Each practitioner is required to choose whether they will remain with the E-Prescribe system or adopt the paper prescription system.

One system is exclusive of the other, in other words, each Practitioner will use only one prescribing system for all patients admitted under that Practitioner at Epworth Eastern. Practitioners who wish to use paper based drug charts will need to have their preference

identified within the Hospital's Inpatient Management System. As such, each Practitioner is invited to contact the Site Medical Director for further information and advice. In addition each Practitioner is requested to notify the Site Medical Director (j.mackay@gisurgical.com), of which of these two prescribing systems they wish to use.

Epworth Eastern is still committed to the continuing development of the Electronic Prescribing system. A call will be made in the near future for Doctors to express an interest in joining a working party to consider the

further development and refinement of the E-Prescribe system.

It is important that each Practitioner advise the Site Medical Director of which system they wish to use.

The paper drug charts that will be available will be the same as is currently used at the Epworth Richmond Campus.

Associate Professor John Mackay
Site Medical Director

Urology Nurse Consultant Commences Simone Brock

As the growth of Epworth Eastern continues, it is with much excitement that we can announce the arrival of our Urology Nurse Consultant, Simone Brock. Simone will play a pivotal role in the expansion and development of the 'Epworth HealthCare Excellence in Urology'.

A little background...I have been a Urology Nurse Consultant for 5 years. For that time I worked for Melbourne Urology Group as their practice Nurse & St Vincent's and Mercy Private Hospitals as the Urology Nurse Consultant.

As difficult as it is to 'step out of your comfort zone' and sad to leave friends and work colleagues behind, I am looking forward to making new friends here at Epworth Eastern.

My role as a Urology Nurse Consultant is as an educator and support to ward staff not only on the Urology ward but throughout the hospital. I also will be developing and updating

patient discharge education brochures and enhancing doctor specific Care Paths.

Patient support, education at all phases of the continuum of care will form a large part of my role. An important aspect of my role will be to liaise with the urology clinicians who utilize the Eastern facility.

Since arriving in early August, I have developed education sessions for the nurses on the urology unit, who are extremely enthusiastic for the opportunity to learn more about this valued specialty.

Please feel free to contact me with any urological issues and I will endeavor to help in any way possible. I am contactable on 0408 574 751 from Tuesday – Friday between 8.30 and 4.30.

I would like to take this opportunity to thank all the staff at Epworth Eastern who have made me feel so welcome.



New DON Appointed

Epworth Eastern has recently appointed Ms Louise O'Connor as its new Director of Nursing. Louise was most recently the Acting DON at Box Hill Public Hospital and brings to Epworth Eastern a unique suite of clinical and managerial skills that will assist to further refine our workflow processes, build solidified teams and guide a high quality of care. Louise will formally commence duties on the 18th September 2006.

Sleep Disorder Unit Launch

Epworth Eastern in conjunction with Sleep Associates Pty Ltd are launching a Sleep Disorder Unit to be accommodated on Level 4 North of the Hospital in September 2006. The Sleep Disorder Unit will be headed by Dr Paul Fogarty, a practising respiratory physician at Epworth Eastern. Dr Fogarty intends to work collaboratively with other specialists to assess, monitor and treat sleep apnoea, and associated respiratory disabilities. It is anticipated that this Unit will become exceedingly busy in a short space of time.

Farewell to Wendy

At the end of June 2006, our inaugural Director of Nursing left the Hospital, primarily to pursue the completion of a post graduate study program. Wendy was instrumental in assisting the Executive team to operationally establish the Hospital, and in particular recruit the senior nursing team members. Epworth HealthCare wishes Wendy well in her future endeavours and is very grateful for the wonderful contribution made at Epworth Eastern.



Intensive Care Unit



Epworth Eastern Intensive Care Unit is a purpose built and designed, state of the art, 8 bed unit. Currently this unit is a level 2 ICU and our aim is to become a level 3 ICU training facility in the near future. We are located on Level 2 within easy access to the Cardiac Catheter Laboratory and the Cardiovascular Unit

Since opening in June 2005, we have catered for a diverse range of patient groups and an increasingly high level of complexity in clinical patient management. Treatment

modalities offered in the unit include advanced ventilation, intra –aortic balloon pumping, haemo filtration and a host of other treatment interventions.

We have highly trained and skilled staff, 24 hour Senior Registrar Medical cover and a Consultant roster of some of Melbourne's most highly respected Intensivists.

ICU also offers a Medical Emergency Team (MET) which aims to offer time a critical response to the acute clinical and medical

problems encountered by the broader hospital patient community.

2006 will see the launch of an Acute Pain Service offered by the unit to the patients of VMO's and Anaesthetists.

Peter Gilliland
Nurse Manager ICU



Urology Health Information Evening

Epworth Eastern held its first free public information evening on Tuesday 5th of September, discussing the serious men's health issues of prostate cancer and Urology.

The evening was hosted by Epworth Eastern's Multi-disciplinary Specialist Urology group which consists of leading urologists, oncologists, pathologists, radiation therapists and specialist urology nurse.

The new Multi-disciplinary facility ensures that every individual urology patient's case undertaken at Epworth Eastern is discussed



Peter Hughes, Director Epworth Eastern, Alan Crosthwaite, Specialist Urologist, Phillip Parente Oncologist, Simone Brock, Urology Nurse Consultant, Dennis King, Specialist Urologist, Andrew See, Radiation Oncologist and Pat Bowden, Radiation Oncologist

by the team of specialists. The specialists are involved right from referral from the patient's GP, through diagnosis, treatment, nursing care, post hospital care and wellness advice when the patient is on the road to recovery.

Director of Epworth Eastern, Dr Peter Hughes, said Epworth Eastern is committed to offering its community the best available assessment and treatment modalities in health care.

"The establishment of the Multi-disciplinary Urology and Prostate HealthCare Unit is another step in fulfilling our charter to the community."

The theme of the discussion on the night was "from diagnosis to recovery". The specialist panel gave presentations and opened the floor to the audience for questions. Over 50 people from the local Box Hill area turned out to attend the night.

New Doctors Who Have Commenced over the Last Few Months at EE

- Richard Bittar (Neurosurgeon); **9426 6666**
- Tam Dieu (Plastic Surgeon); **8807 7100**
- Tim Gale (Breast / General Surgeon); **8807 7100**
- Serag Yousiff (General Surgeon); **8807 7100**
- George Matalanis (Cardiac Surgeon); **8807 7100**
- Barry Leaney (Interventional Radiology); **9428 6666**
- John Vrazas (Interventional Radiology); **8807 7100**
- Mr That Lu Ton (Spinal Surgeon); **9426 6666**
- Damian Bolton (Urologist); **8807 7100**
- David Angus (Urologist); **8807 7100**
- Mark Horrigan (Cardiologist); **8807 7100**
- Dharsh Fernando (Cardiologist); **8807 7100**
- Chiew Wong (Cardiologist); **8807 7100**
- Michael Johnston (General Surgeon); **8807 7100**
- Max Holsman (Gynaecologist) – still to operate; **9894 7656**
- Graham Lowe (Orthopaedic Surgeon) – still to operate; **9426 6666**
- Damian Tange (Neurosurgeon) – still to operate; **9426 6666**



Non-Invasive Cardiac Unit opening at Epworth Eastern

We are very pleased to announce a new service at Epworth Eastern. A service level agreement between Epworth Eastern and Cardiac Services Victoria has enabled the development of a new Non-Invasive Cardiac Unit (NICU) "Epworth Eastern HeartCare" to open in November 2006 at Epworth Eastern Medical Centre.

Dr Mark Horrigan (pictured), Director of Cardiac Services Victoria, is thrilled to work with us to establish the proposed



service along with fellow Directors, David Eccleston, Robert Chan, Paul Calafiore and Stephen Sylvivris. Epworth Eastern is delighted to support the establishment of this leading edge Cardiac intervention unit, as it offers the full range of non invasive cardiac services, including echocardiography, stress echocardiography, exercise stress testing, and ambulatory monitoring.

The Non Invasive Cardiac Service will operate from Suite 5 within the Epworth Eastern Medical Centre on Level 2 which is currently under refurbishment but will open in early November. Contact with the unit can be made on Telephone – 9898 3777 Fax 9898 3177.

Sessional Suite Availability at Epworth Eastern

There is availability in Suite 16 of the Epworth Eastern Medical Centre for doctors working at the hospital to consult on a sessional basis. The medical centre is now physically connected to the Hospital at every level via wide passageways facilitating easy access to the acute environment. Suite 16 is located on Level 3 in very close proximity to the operating suites.

There are currently 12 specialists consulting in the suite covering the following disciplines - General Surgery, Urology, Gastroenterology, Plastics, Sleep and Respiratory, Gynaecology, Cardiology and Cardio-thoracics.

Suite Particulars

- > There are two consulting rooms and a treatment room available in the suite, plus one reception / filing area;
- > The anticipated rates of charge for a consulting room in the suite will be by negotiation;
- > Epworth will provide a reception / secretarial staff member to receive patients, provide necessary information and

details and take Eftpos payments and Medicare imprints for doctors;

- > Complimentary tea / coffee etc will be available in the suite;
- > For regular suite users Epworth is prepared to take patient appointments via a telephone route to our central bookings office and to provide a full billing service. This facility can be discussed with interested individuals;
- > Car parking is available under the Hospital building and can be negotiated with participating doctors.

The morning session time is 9.00am to 1.00pm and the afternoon session 1.30pm to 5.30pm, however we are able to be flexible to some degree. There is availability every week at various other times, depending on the weekly cycle.

Please call Louise O'Connor, Director of Nursing, Epworth Eastern on 8807 7102 should you have any initial queries. It is suggested that if you would like to utilise the suite, you confirm your preferred sessional day / times etc so as we can make appropriate early reservations.