

## visiting hours

Maternity Unit visiting hours are 2.30pm to 4.00pm, and 6.30pm to 8.00pm daily. Partners and grandparents are welcome outside these hours, except each day between 1.30pm and 2.30pm. During this time, no visitors are allowed and all telephone calls are stopped to ensure you have the opportunity to rest.

## early discharge packages

Packages are available if you would like to return home earlier than your expected length of stay. The package contains a home visit by a midwife and the choice of any two discharge support services. These includes items such as a mothers/baby massage, home assistance, nappies, meals, flowers or gift vouchers.

## bookings

For further information about the unit, please telephone our bookings office on (03) 9418 8300.

For cost enquiries, contact your health fund to determine your insurance entitlements. Please note, that both insured and uninsured patients will be required to pay a booking fee prior to admission.

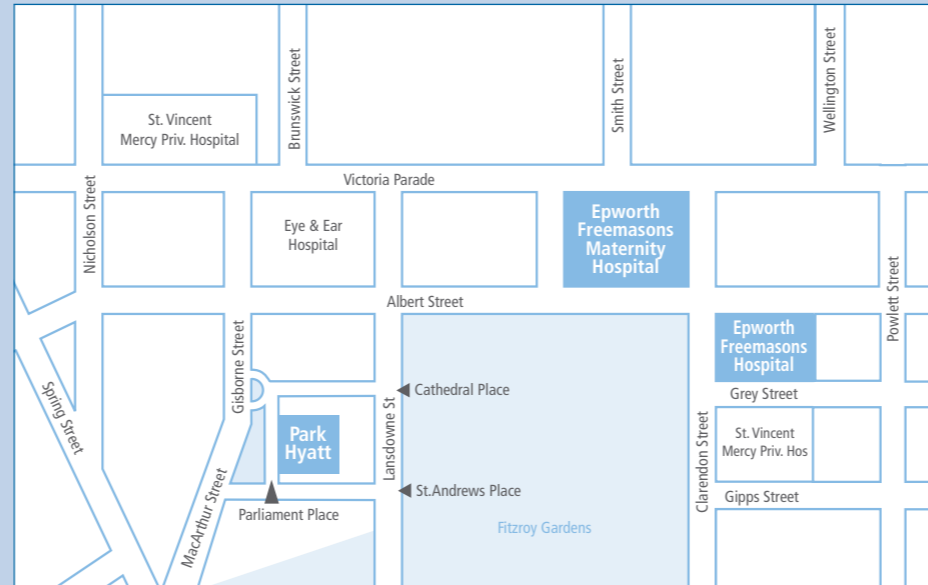
We encourage you to have family cover. Should your baby require admission to special care nursery and you have chosen to remain with single cover, you will incur significant out of pocket expenses.

## enquiries

To enquire further about the services of the Epworth Freemasons Hospital Maternity Unit, please call (03) 9418 8333.

## where we are located

The Maternity Unit is located in the Epworth Freemasons Hospital Medical Centre – 320 Victoria Parade, East Melbourne. Undercover parking is available, with discounted rates available for partners of Maternity Unit patients.



Melways reference: Map 44 A8 and B8

### Contact details

Address 166 Clarendon Street  
East Melbourne 3002  
Telephone (03) 9418 8318  
Facsimile (03) 9418 8241  
Website [www.epworth.org.au](http://www.epworth.org.au)



# Maternity Unit

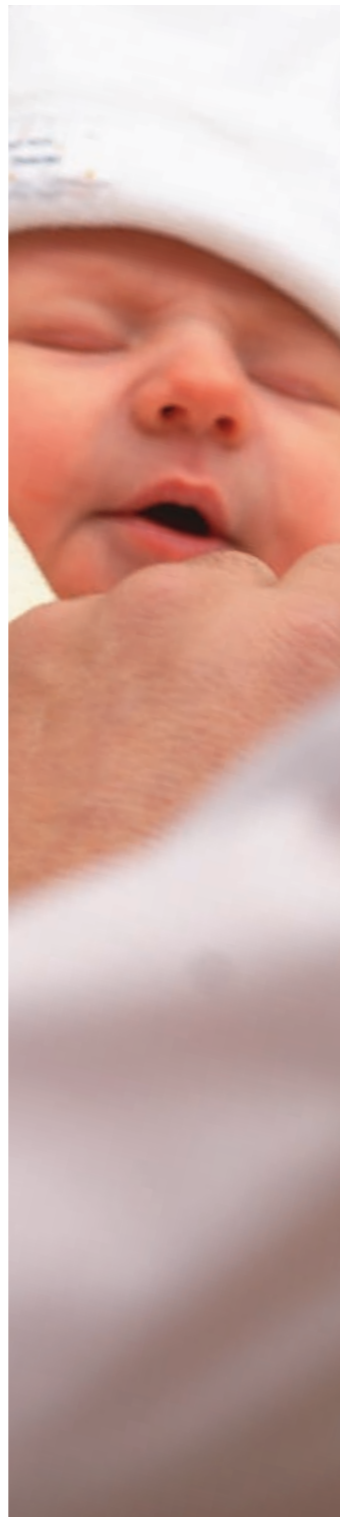
The Epworth Freemasons Hospital  
understands the importance  
of your birth experience



Epworth  
Freemasons



*our staff are committed to providing a secure, supportive and caring environment for you and your family.*



### *having your baby*

Our midwives realise how important it is for you to be informed about the birth of your baby. They will discuss with you the various choices and facilities available at our hospital, which has been designed with your comfort and well-being as a top priority.

Our delivery suites provide the latest in technological support blended discreetly into the décor of the room, creating what we believe to be a harmonious, safe and peaceful environment.

If required, a fully-equipped operating theatre and Intensive Care Unit (ICU) are nearby should any need arise.

### *caring for your baby*

The Maternity Unit has a ten-cot high dependency nursery for the care of ill and premature babies. Our staff are trained to provide highly professional support to both you and your baby during your baby's stay in this unit.

For mothers experiencing difficulty breast feeding, the hospital has a Day Breast Feeding Clinic, managed by qualified lactation consultants. The clinic is situated at the Park Hyatt, 8th Floor, Suite 848.

### *education*

To assist you in preparing for the birth of your baby, the Epworth Freemasons Hospital offers comprehensive education programs.

These include information about preparing for labour, breast feeding, preparing for home, twin births and parenting skills. The hospital also provides information classes for expectant fathers and grandparents.



### *your accommodation*

Our accommodation has been designed to provide a superior level of both comfort and security in any one of the unit's forty-seven single rooms or four twin-share rooms.

Each room has an en-suite bathroom, television and telephone. Several rooms also have queen size beds.

Our three "queen sized" rooms at the Clarendon Street campus have a hotel ambience with wonderful views into the Fitzroy Gardens.

The nurses' station is only a short distance away should you need any assistance or advice.

### *your meals*

The Epworth Freemasons Hospital Maternity Unit has its own onsite catering department. The menu is extensive and varied to suit even the most discerning palates.

Our Maternity Unit Dining Service is available for both you and your partner to enjoy – simply let us know each morning if you are expecting a lunch or dinner guest. Partner's meals are available at reasonable rates and will be billed to your hospital account accordingly.

### *park hyatt*

Bonding with your baby is an emotional and amazing experience. At Epworth Freemasons we have always highlighted an environment that will help with that process. We believe that our *Hospital in the Hotel Program* at the boutique Park Hyatt Melbourne is an extension of that care. We are delighted to be working in partnership with them and with you to provide a most positive birthing experience.

Because each birth and situation is different, this program is not available to everyone. A strict criterion supports the transfer of women to the Park Hyatt Melbourne. Your obstetrician and maternity staff will discuss your suitability following the birth of your baby.

