



Epworth Eastern

Information following your Vasectomy

Vasectomy is an operation performed to cease the flow of sperm from the testes to the seminal vesicles, which renders a man sterile.

You may experience some discomfort / pain in the scrotum following this procedure. Medication prescribed by your doctor may be taken as instructed.

Avoid strenuous physical activities on the first day post surgery then gradual return to normal routine.

It is advisable to wear supportive underwear for the first couple of weeks to avoid discomfort and bruising e.g. jockeytes.

You may have a bath or shower after 12 hours.

You may resume sex when comfortable (remembering this operation does not produce immediate contraception). Please provide post-operative semen analysis as arranged with your surgeon.

If you have any problems or concerns related to your procedure please contact your doctor, or your nearest Emergency Department.