



**Epworth Richmond**

## **Information following your Vasectomy**

Vasectomy is an operation performed to cease the flow of sperm from the testes to the seminal vesicles, which renders a man sterile.

You may experience some discomfort / pain in the scrotum following this procedure. Medication prescribed by your doctor may be taken as instructed.

Avoid strenuous physical activities on the first day post surgery then gradual return to normal routine.

It is advisable to wear supportive underwear for the first couple of weeks to avoid discomfort and bruising e.g. jockettes.

You may have a bath or shower after 12 hours.

You may resume sex when comfortable (remembering this operation does not produce immediate contraception). Please provide post-operative semen analysis as arranged with your surgeon.

If you have any problems or concerns related to your procedure please contact your doctor, or you may contact the Day Surgery Unit on +613 9426 6661.

Epworth Richmond has an Emergency Department you may attend if necessary, or contact on +613 9426 6303.