



Information and advice after your Bronchoscopy

Following your bronchoscopy it is advisable that you take things quietly for the rest of the day. The drugs that you receive during the test can take several hours to completely wear off.

You should not:

- Drive a car
- Drink alcohol
- Travel unescorted on public transport
- Make important decisions or sign legal documents
- Operate hazardous machinery
- Participate in any strenuous activities such as sport
- It is advisable that there is a responsible adult to stay with you during this time

Post bronchoscopy you may experience:

- Sore nostrils and/or sore throat
- Lightly blood stained sputum, which should decrease over time

The following complications are rare however if such complications occur please ring your treating doctor or present to your closest Emergency Department:

- Chest pain
- Difficulty in breathing
- Coughing more than 50 - 100 mls of blood

Normal diet and fluids may be taken one hour following your bronchoscopy if no complications are present.

If you have any problems or concerns related to your procedure please contact your doctor, or you may contact the Day Surgery Unit on +613 9426 6661. Epworth Richmond also has an Emergency Department that you may attend if necessary, or contact on +613 9426 6303.