



Information and advice following your Colonoscopy

Following your colonoscopy it is advisable that you take things easy.

The drugs that you receive during the test can take several hours to completely wear off.

You should not:

- Drive a car
- Drink alcohol
- Travel unescorted on public transport
- Make important decisions or sign legal documents
- Operate hazardous machinery
- Participate in any strenuous activities such as sport
- It is advisable that there is a responsible adult to stay with you during this time
- Complications are extremely rare

You may experience:

- Slight windy pains
- Flatulence caused by air introduced during the examination
- Slight bleeding if a polyp is removed or a biopsy taken

Normal diet and fluids may be taken post procedure. It is advisable to increase your fluid intake to replace fluid loss during preparation for this procedure.

If any of these problems persist for more than 36 – 48 hours please do not hesitate to visit your nearest Emergency Department.

If you have any problems or concerns related to your procedure please contact your doctor.