



Urinary catheter management at home

You will be discharged home with a day drainage bag (small leg bag) and a night drainage bag. Secure the day bag firmly to your leg with the leg straps.

At night connect the night bag to the day bag and leave the day bag switched open.

In the morning disconnect the night bag. Make sure the day bag is switched to the closed position.

To clean the night bag please follow instructions below.

Cleaning of night bag

When the night bag is disconnected the used bag is to be emptied, rinsed thoroughly, and washed with soap (dishwashing liquid) and water. Rinse again and hang bag to dry.

Penile urethral care

Whilst the urinary catheter is in place, there is often some urethral discharge around the catheter. This should be cleaned with bath soap and water and carefully dried, twice a day, or more often if necessary. If you are uncircumcised the foreskin should be gently retracted during the cleaning and replaced at completion.

Fluid intake

Increase your fluid intake to approximately two litres a day whilst the urinary catheter is in place, unless otherwise advised by your doctor.

What to report

Report to your doctor if any of the following should occur:

- High temperature
- No drainage of urine
- Cloudy, offensive urine
- Copious bleeding. Note - Slight bleeding is often to be expected

If you have any problems or concerns related to your procedure please contact your doctor. Epworth Richmond has an Emergency Department you may attend if necessary, or contact on + 613 9426 6303.