

Epworth Geelong Cardiac Diagnostic Services



Appointment date

Time

Patient name

U.R

Address

Postcode

Telephone (Mobile)

DOB

Request for

- Transthoracic Echocardiogram
- Treadmill Stress Echocardiogram
- Dobutamine Stress Echocardiogram
- Transoesophageal Echocardiogram
- Exercise Stress ECG Test
- Holter Monitoring
- Blood Pressure Monitoring

Details

- Routine
- Medically urgent
- Pre-procedure
- Pre-discharge

Inpatients

- Wheelchair
- Portable oxygen
- Transport on bed
- Bedside Echocardiogram

Diagnosis / problem

Relevant clinical details

Medication

Referring doctor

Provider number

Address for report

Telephone

Fax

Signature

Date

Epworth Geelong Cardiac Diagnostic Services does not bulk bill

Test information

Transthoracic Echocardiogram (45 - 60 minutes)

This test uses ultrasound to take images of your heart at rest. No special preparation is required.

Treadmill Stress Echocardiogram (Allow 1 - 1½ hours)

Comfortable clothing and shoes suitable for exercise must be worn. This test incorporates an echocardiogram and exercise stress test. Ultrasound images will be taken before and after exercise. Some medications must be stopped 48 hours prior to the test, please check with your referring doctor.

Dobutamine Stress Echocardiogram (Allow 1 - 1½ hours)

In this test, your heart rate will be increased using medications rather than exercise. You are required to fast for 1 hour before the test and some medications must be stopped 48 hours prior to the test, please check with your referring doctor.

Transoesophageal Echocardiogram (TOE)

This test requires a day admission to hospital. Fasting is required for at least 6 hours prior to this procedure. You will be given light sedation, an ultrasound transducer will be passed via your mouth down the oesophagus from where images of your heart will be obtained. It is essential that you have someone to drive you home after this procedure.

Treadmill Exercise Stress ECG Test (30 minutes)

Comfortable clothing and walking shoes suitable for exercise must be worn. It is important to check with your doctor if any medications need to be ceased before having this test.

Holter Monitoring and Blood Pressure Monitoring (Allow 20 minutes)

A monitor will be attached to your chest and waist, to record your heartbeat for 24 hours, or one week in the case of event monitoring. Blood pressure monitoring is recorded for 24 hours, using a cuff attached to your arm. You will be able to carry out normal activities such as working and shopping.

Location

Cardiac Diagnostic Services is located on Level 2 of Epworth Geelong via Lift Bank A or up the stairs directly opposite the main entrance.

Car parking

Paid parking is available at Epworth Geelong. Please note this car park is not undercover. A temporary pick up and drop off location is directly outside the main entrance.

Public transport

Bus Route 43 (Geelong station to Deakin University via Highton) is the best route to take as the bus stops directly outside Epworth Geelong on Pigdons Road.

Bus Route 41 or Bus Route 42 from Waurn Ponds station stops at Deakin University, Waurn Ponds Campus; a 10 minute walk to Epworth Geelong's main entrance.

Epworth Geelong Cardiac Diagnostic Services

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