

Epworth HealthCare GP education

HAND PLASTICS AND HAND THERAPY

2021 WEBINAR PROGRAM



TITLE

Management of common hand problems in general practice.

OVERVIEW

Hand problems are a frequent cause for presentation to the GP. It may be an injury occurring during the weekend sporting activity or, the result of development of one of the common hand conditions such as carpal tunnel syndrome, Dupuytren's disease, trigger finger, ganglions, osteoarthritis of the base of the thumb and infections. Left untreated, hand conditions can impact a patient's capacity to work, do everyday activities, affect their quality of life and could even result in permanent damage.

Plastic Surgeon, Ms Natasha van Zyl, will provide tips for GPs on the examination of common hand conditions and recommend appropriate diagnostic tests. Medical management and surgical treatment options will be discussed with red flags identified for urgent or timely referral to a specialist.

Have you considered a hand therapist to provide treatment to your patient who has presented with a hand condition? In this session, Jill Chapman, Hand Therapist, will discuss the role of hand therapy in the treatment and rehabilitation of common hand problems and provide an overview of the types of hand conditions that can benefit from this hand therapy.

TOPICS | SPEAKERS

Common hand problems in general practice

Ms Natasha van Zyl, Plastic Surgeon

Hand therapy for the treatment of common hand problems

Jill Chapman, Hand Therapist

LEARNING OUTCOMES

1. Discuss the diagnosis and management of common hand problems.
2. Outline the role of hand therapy in the treatment of common hand problems.
3. Identify patients who would benefit from hand therapy and when referral to a specialist is required.

REGISTRATION

Register now to attend this webinar:

<https://www.epworth.org.au/for-gps/gp-education-upcoming-events>

Please RSVP by providing the details requested and a Zoom webinar link will be sent directly to the email address you provided (if you do not receive a link to your inbox, please check your Spam / Junk folders).

Registration requirements:

- First name and surname
- RACGP number
- General Practice name
- General Practice suburb and postcode
- Occupation

EVENT DETAILS

DATE

Monday 19 July 2021

TIME

7.00-8.15pm

FORMAT

ZOOM Webinar –
Click on the direct link and join from your PC/laptop/mobile phone/tablet

PROGRAM

7.00pm: presentations
8.00pm: Q&A panel
8.15pm: webinar close

RACGP

2 CPD activity points

ENQUIRIES

gpliaison@epworth.org.au

