

KNEES: Injuries, Management and Replacements

DATE: WEDNESDAY 23rd NOVEMBER 2022

TIME: 7.00pm – 8.30pm

TOPICS | SPEAKERS

1 ADULT KNEE INJURIES AND NEW MANAGEMENT TECHNIQUES

Presented by Mr Jonathan Robin, Orthopaedic Surgeon

With a return to community and professional sport post pandemic, the incidence of knee injuries is once again on the rise. Short- and longer-term outcomes following knee injuries have a significant impact on the individual and the greater community. The initial assessment and management of the more common knee injuries will be discussed and an update will be provided on the advances in orthopaedic surgery which help to get our athletes back on the park playing the sport they love.

2 EMERGING TRENDS AND THE USE OF TECHNOLOGY IN KNEE REPLACEMENT

Presented by Mr Nathan White, Orthopaedic Surgeon

Knee replacement surgery has evolved significantly in the past two decades. Emerging technology is increasingly playing a role, coupled with improved understanding of the mechanics and biology of the knee. This occurs in the context of the broader healthcare environment. Taken together, this is driving emerging trends towards customization to the individual, shorter length of stay, and faster recovery. An overview of the principles involved will be discussed and implications for patient management in the community considered.

MODERATOR **Assoc Prof Raphael Hau, Orthopaedic Surgeon**

LEARNING OUTCOMES

1. Identify the different types of knee injuries and outline the management principles from first aid to specialist referral.
2. Discuss the impact of knee injuries to the individual and greater community, and the roles of the GP and orthopaedic surgeon in managing patients with knee injuries.
3. Review the evolution of knee arthroplasty design including rationale for the current use of robotics, patient matched surgery and customised implants
4. Review the principles behind enhanced recovery and short stay joint replacement

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