

Epworth GP education

SLEEP AND OBESITY

WEBINAR PROGRAM



DATE, TIME, LOCATION

Tuesday 23 March 2021, 6.30-7.30pm, via ZOOM

TITLE **What to do with the obese and sleepy patient? A practical and clinical update on obesity and obstructive sleep apnoea.**

SPEAKERS Dr Liam Hannan, Respiratory and Sleep Physician and Dr Shannon McCarthy, Endocrinologist

FORMAT CPD Activity | Webinar | Presentation and Q&A

SESSION OVERVIEW

Hosted by Epworth Geelong, this session will cover assessment and management of both obstructive sleep apnoea and obesity. Practical information on obesity assessment and management will be provided, including an update in the medical management of obesity and who to consider for bariatric surgery.

A brief review of the mechanisms of obstructive sleep apnoea and the interaction between obesity will follow. An overview of driving assessments and advice for sleepy patients will be included in the session. Case studies and examples will be provided.

LEARNING OUTCOMES

1. Assess and manage obesity with an improved understanding of the interaction of obesity and obstructive sleep apnoea.
2. Implement a driving risk assessment for patients with daytime somnolence.

REGISTRATION

Register now to attend this webinar at

<https://epworth.org.au/for-gps/gp-education-upcoming-events>

Enquiries - contact Epworth HealthCare GP Liaison Team: gpliaison@epworth.org.au

