

# A referrer's guide to Epworth Clinic mental health services



## About Epworth Clinic

Epworth Clinic is a private mental health service located in Camberwell providing psychiatric consulting, inpatient therapy and outpatient programs to support a range of mental health concerns.

### What conditions or concerns can we support?

- > Depression
- > Anxiety
- > OCD
- > Schizophrenia
- > Addictions
- > Eating disorders
- > Trauma
- > Stress
- > Ageing
- > Neurological conditions
- > Post natal depression
- > Chronic pain
- > Personality disorders
- > Concussion

### Treatment and management pathways

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<b>Psychiatric consultation</b>	<b>Inpatient Program</b>	<b>Outpatient group therapy program</b>	<b>Individual therapy</b>
One-on-one therapy, inclusive of clinical assessment, development and management of treatment plan and ongoing care.	Acute mental health support delivered by a multidisciplinary team while staying in a modern, private facility with single-room accommodation.	Face-to-face, weekly group therapy across a variety of modalities.	One-on-one treatments to help people manage symptoms including trauma, stress and emotional regulation.



**Telehealth is available for all consultations and treatment options, excluding inpatient therapy.**

### Specialist teams

1	2
<b>Epworth Clinic psychiatrist</b>	<b>Epworth Clinic Private Practice</b>
<p>For ongoing therapy and/or a referral to an inpatient admission or outpatient group therapy.</p> <p><b>Intake coordinator for inpatient admissions</b>                      Ph. 03 9805 4338                      F. 03 9805 4233                      E. <a href="mailto:erc.intakeclinician@epworth.org.au">erc.intakeclinician@epworth.org.au</a></p> <p><b>Consulting suites for psychiatric appointments</b>                      Ph. 03 9805 4309                      F. 03 9805 4388</p>	<p>One-on-one, short-term psychological therapy delivered by allied health clinicians who specialise in mental health.</p> <p><b>Refer directly to ECPP</b>                      Ph. 03 9805 4347                      F. 03 9805 4343                      E. <a href="mailto:EpworthClinicPrivatePractice@epworth.org.au">EpworthClinicPrivatePractice@epworth.org.au</a></p>

### Referral information

A referral from a GP or treating physician is required to access Epworth Clinic's mental health services, including psychiatrist consultations, inpatient admissions, outpatient programs and Epworth Clinic Private Practice.

For admission to our outpatient group therapeutic programs a patient must first be referred to an Epworth-accredited psychiatrist for a psychiatric consultation.

Refer to the Epworth Clinic Specialist Directory for a list of our psychiatrists and their specialty areas.

Consultant-liaison psychiatry services are available upon request to inpatients at all Epworth sites.

### Location

**Epworth Clinic**  
 888 Toorak Rd  
 Camberwell VIC 3124  
 Ph. 03 9805 4338