

Epworth Richmond Cardiac Diagnostic Services

Telephone: 03 9426 6381



Appointment date	Time		
Patient name	U.R		
Address			
Telephone	DOB	/	/
Gender	Height	cm	Weight kg

Request for

MBS item no: (for office use)

1 Transthoracic echocardiogram (TTE)	Baseline initial TTE not performed within 2 years Pericarditis/effusion or cardiotoxic monitoring Repeat valvular dysfunction Repeat heart failure or structural heart disease Repeat: rare indication not above	55126 55133 55127 / 55128 55129 55134
2 Transoesophageal echo (TOE)		55118
3 Treadmill stress echo (TSE)	Exercise focussed TSE not performed within 2 years Repeat TSE for stable/unstable/angina/ischaemia or dyspnoea – no previous TSE within 12 months	55141 55143
4 Dobutamine stress echo (DSE)	DSE not performed within 2 years Repeat DSE for stable/unstable/angina/ischaemia or dyspnoea – no previous DSE within 12 months DSE for failed TSE	55145 55143 55146
5 Exercise stress ECG	Cardiac ischaemia	11729
6 24 hour Holter Monitor – not performed within 4 weeks	Syncope/pre-syncope/stroke/palpitations/arrhythmia	11716 (OP only)
7 Event monitor – not within 3 months	Paroxysmal arrhythmia	11717
8 Tilt table test / Consult	Syncope/pre-syncope/fainting/dizziness Initial/Subsequent	11724 110 / 116
9 24 hour BP monitoring	Hypertension	nil

Detailed clinical information, indications for requested test and prescribed medications:

Medications

Date of last echocardiogram (TTE/TSE/DSE/TOE): / / Date of this referral: / /

Referring doctor: Specialist or GP

Name	
Address	
Post code	Provider number
Signed	
Email	Copies to
Telephone	Fax

InPatients

- Medically urgent
- Pre-discharge
- Wheelchair
- Portable oxygen
- Bedside
- Transport on bed

Test information

1. Transthoracic Echocardiogram (45 – 60 minutes)

This test uses ultrasound to take images of your heart at rest. No special preparation is required.

2. Transoesophageal Echocardiogram (TOE)

This test requires a day admission to hospital. Fasting is required for at least 6 hours prior to this procedure. You will be given light sedation, an ultrasound transducer will be passed via your mouth down the oesophagus from where images of your heart will be obtained. It is essential that you have someone to drive you home after this procedure.

3. Treadmill Stress Echocardiogram (Allow 1 – 1½ hours)

Comfortable clothing and shoes suitable for exercise must be worn. This test incorporates an echocardiogram and exercise stress test. Ultrasound images will be taken before and after exercise. Some medications must be stopped 48 hours prior to the test, please check with your referring doctor.

4. Dobutamine Stress Echocardiogram (Allow 1 – 1½ hours)

In this test, your heart rate will be increased using medications rather than exercise. You are required to fast for 1 hour before the test and some medications must be stopped 48 hours prior to the test, please check with your referring doctor.

5. Treadmill Exercise Stress ECG Test (30 minutes)

Comfortable clothing and walking shoes suitable for exercise must be worn. It is important to check with your doctor if any medications need to be ceased before having this test.

6. Holter Monitoring (Allow 20 minutes)

A monitor will be attached to your chest, to record your heartbeat for a 24 hour period. You will be able to carry out normal activities such as working and shopping.

7. Event Monitoring (Allow 20 minutes)

A monitor will be attached to your chest to record your heartbeat for up to one week. You will be able to carry out normal activities such as working and shopping.

8. Tilt Table Test (45 – 60 minutes)

You must not eat a heavy meal prior to the test but you may drink clear fluids. It is essential that you have someone to escort you home after this test. This test involves lying on a table which is tilted to a standing position. Your blood pressure and heart rate will be measured throughout the test and you may be given some medication. It is important to check with your doctor if any medications need to be ceased before having this test.

9. Blood pressure monitoring (Allow 20 minutes)

Blood pressure is periodically recorded for a 24 hour period, using an inflatable cuff attached to your arm. You will be able to carry out normal activities such as working and shopping.

Location

Cardiac Diagnostic Services is located on Level 3, Cato Wing, at 89 Bridge Road, Richmond.

Enter at the Bridge Road entrance (ground floor) or Erin Street entrance (level 2) and follow directions.

Car parking

Undercover parking (enter from Bridge Road) is available at commercial rates.

There are metered 2 hour parking limits in neighbouring streets.

Public transport

Tram North Balwyn 48 or East Burwood 75 from Flinders Street, stop 15.

Train Epping Line to West Richmond Station.

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Level 3 Cato Wing, 89 Bridge Road, Richmond VIC 3121

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