

Epworth Rehabilitation

Specialist directory and program information

January 2023



Epworth



Unit Record Number

Surname

Given name

D.O.B. Age Sex.....

Medical Specialist

EPWORTH REHABILITATION REFERRAL FORM

Please return completed forms to:

Fax: 03 9982 6696

Email: rehab@epworth.org.au

Inpatient Outpatient

Location

Epworth Brighton Epworth Camberwell Epworth Geelong Epworth Hawthorn Epworth Richmond

Doctor

If a specific doctor is named, patients will be booked on their next available appointment.

Rehabilitation consultant: _____ - or - Next available doctor

Patient Details

Surname: _____ First Name: _____ DOB: _____

Address: _____

Postcode: _____

Mobile: _____ AH: _____ BH: _____

Uninsured Insured Compensable

Health Fund: _____ Membership No.: _____

If a current inpatient, name of hospital: _____

Reason for Referral

Relevant Past History

* Please attach additional documentation including relevant medical history and investigations

Referring Doctor / Hospital

Name: _____ Provider No.: _____

Address: _____ Ward & Bed No.: _____

Telephone: _____ Fax: _____

Email: _____

Signature: _____ Date of Referral: _____

For any enquiries, please contact: phone 1300 345 600
email rehab@epworth.org.au
fax 03 9982 6696

REF2R

04/17



A referral from a GP, specialist or other health professional is required to access Epworth Rehabilitation programs.

A copy of the referral form is located on the opposite page to photocopy/ print as needed. It is also available on the website at: www.epworth.org.au/rehab



METRO MELBOURNE REFERRALS AND ENQUIRIES

Referrals to Epworth Brighton, Epworth Camberwell, Epworth Hawthorn or Epworth Richmond Rehabilitation:

Email rehab@epworth.org.au
Fax 03 9982 6696

For general enquiries about our programs in Melbourne
Phone 1300 345 600

HOSPITAL TRANSFER

For an inpatient hospital to hospital transfer, please contact our assessment teams to visit and assess patients on the ward.

Epworth Hospital
(internal assessment team):
Phone 0418 345 256

Other hospital
(external assessment team):
Phone 0418 361 788



GEELONG REFERRALS AND ENQUIRIES

Referrals to Epworth Geelong:

Email EG.Bookings@epworth.org.au
Fax 03 5271 7700

For general enquiries about our programs at Epworth Geelong
Phone 03 5271 7711

Epworth Rehabilitation is one of the largest private rehabilitation services in Victoria, with locations in Brighton, Camberwell, Geelong, Hawthorn and Richmond.

For more than 30 years, Epworth has provided rehabilitation for people:

- > with brain injuries and neurological disorders
- > recovering from traumatic road or workplace injuries
- > recovering from orthopaedic injury or surgery
- > managing chronic conditions such as persistent pain, heart disease or cancer

We are leaders in rehabilitation research. We use this research, our decades of experience and a team-based approach to maximise a person's functional ability, encourage independence and enhance quality of life.

Epworth Rehabilitation offers inpatient, outpatient and home or community-based programs, depending on individual needs and locations.



SPECIALIST DIRECTORY

Name	Rehabilitation sub-specialties	Location/s					Contact
		EPWORTH BRIGHTON	EPWORTH CAMBERWELL	EPWORTH HAWTHORN	EPWORTH RICHMOND	EPWORTH GEELONG	
Dr Rania Abdelmotaleb	General rehabilitation, neurology, spasticity	🏠					9591 9200
Dr Rose Acher	Brain injury, neurology, spasticity			x	🏠		9426 8773
Dr Kirily Adam	Neurology, musculoskeletal, chronic pain		🏠				9809 2444
Dr Reem Al Hanna	Neurology, brain injury, concussion					🏠	5271 7800
Dr Irina Astrakhantseva	Orthopaedics, back pain, reconditioning					🏠	5271 7800
Dr Nadine Ata	General rehabilitation					🏠	5271 7800
Dr Ajay Bharatula	Orthopaedics, brain injury, cardiac, pulmonary, oncology, amputee		🏠				9809 2444
Dr Melissa Breese	Neurological, orthopaedics, rehabilitation in the home		🏠		x		9426 8773
Dr Eric Chock	Cardiac, bariatric, orthopaedics, neurology, Parkinson's disease		🏠				9809 2444
Dr Pei-Yu Chu	Orthopaedics, reconditioning	🏠	x				9809 2444
Dr Stephen de Graaff	Chronic pain, spasticity, orthopaedics, neurology		🏠		x		9809 2444
Dr Rehana Di Rico	General rehabilitation, orthopaedics, spinal			x	🏠		9426 8773
Dr Babak Farr	Chronic pain, orthopaedics, spinal			x	🏠		9426 8773
Dr Christopher Fong	Geriatrics and rheumatology		🏠				9809 2444
Dr Tom Hale	Amputee, osseointegration, multi-trauma orthopaedics			🏠	x		9415 5728
Dr Barbara Hannon	General rehabilitation, pulmonary	🏠	x				9592 9144
Dr Monika Hasnat	Paediatrics, ABI, spasticity, cerebral palsy			🏠			9805 4153
Dr Jeanette Hofland	General rehabilitation, orthopaedics		🏠				9809 2444
Dr Robin Hunter	General rehabilitation, musculoskeletal, geriatrics	🏠	x				9592 9144
Dr Daya Jayaratne	General rehabilitation, chronic pain, neurology		🏠				9805 4153
Dr Saleem Khan	Chronic pain, general rehabilitation				🏠		9426 8773

Name	Rehabilitation sub-specialties	Location/s					Contact
		EPWORTH BRIGHTON	EPWORTH CAMBERWELL	EPWORTH HAWTHORN	EPWORTH RICHMOND	EPWORTH GEELONG	
Dr Jeena Kim	Neurology	🏠		x	x		9426 8773
Dr Ronald Leong	General rehabilitation, geriatrics, neurology, orthopaedics, chronic pain		🏠				9809 2444
Dr Ngoc Le	General rehabilitation, neurology	🏠					9591 9200
Dr Michelle Loh	General rehabilitation, orthopaedics, trauma, spasticity, cardiac	🏠	x	x	x		9591 9200
Dr Daniela Micheletto	Spasticity					🏠	5271 7800
Dr Lily Ng	Neurology, orthopaedics		🏠	x			9415 5728
Prof John Olver	Brain injury, stroke, concussion, spasticity			x	🏠		9426 8769
Dr Kerry O'Meara	Neurology, brain injury, trauma, orthopaedics			🏠	x		9415 5728
Dr Mithu Palit	Orthopaedics, neurology, chronic pain		🏠				9809 2444
Dr Karen Patten	General rehabilitation, trauma, orthopaedics			🏠	x		9415 5728
Dr Michael Ponsford	Brain injury, orthopaedics, geriatrics				🏠		9426 8773
Dr Ishani Rajapaksa	Oncology, neurology, multiple sclerosis, cardiac, general rehabilitation		🏠				9809 2444
Dr Janethri Seneviratne Epa	General rehabilitation, functional neurological disorders		🏠		x		9426 8773
Dr Jason Teh	General rehabilitation, cardiac, orthopaedics		🏠		x		9809 2444
Dr Rachel Teo	Oncology, brain injury, spinal cord injury, orthopaedics		x	🏠	x		9415 5728
Dr Premini Thanarajah	General rehabilitation, vestibular, brain injury, orthopaedics		🏠	x	x		9426 8773
Dr Brinda Thirugnanam	General rehabilitation, brain injury, Parkinson's disease, orthopaedics, oncology		🏠	x	x		9426 8773
Dr Matthew Tuminello	General rehabilitation, trauma, brain injury, orthopaedics, geriatrics	x	x	🏠	x		9415 5728
A/Prof Michael Vagg	General rehabilitation, chronic pain					🏠	5271 8462
Dr Aarathi Vaska	General rehabilitation		🏠	x	x		9809 2444

KEY:	
🏠	Main location
x	Also consults here

OTHER SPECIALITIES

Our rehabilitation specialists have access to geriatricians, rheumatologists, consultant liaison psychiatrists, neuropsychiatrists and other clinical specialists to support your patient's needs.

REHABILITATION PROGRAMS

Rehabilitation programs are available to support a wide range of needs.

Our programs are tailored to individual goals and personal needs. They incorporate physical, cognitive and emotional therapy, education and support to maximise a person's functional ability, encourage independence and enhance quality of life.

Active ageing

For people who have physical ailments associated with ageing and require strengthening, support and education to help maintain strength, safety and independence.

I/P and O/P program available at EB and EC.

Arthritis

For people who have diagnosed osteoarthritis or other arthritis conditions, to help them arthritis without surgery or supporting them before or after surgery. Helping increase confidence in managing arthritis and undertaking regular physical activity.

O/P program available at EB, EC and EG.

Brain injury

Epworth's Acquired Brain Injury (ABI) Rehabilitation Unit is internationally recognised for its expert care, positive patient outcomes and innovative research programs to support people from the early stages after waking from a coma (post-traumatic amnesia) through to returning to their everyday life.

I/P and O/P program available at EG and ER.

Cancer

Rehabilitation is suitable before, during or after cancer treatment to support the physical, emotional and social areas impacted by treatment. Rehabilitation programs can support all cancer types. Dedicated programs are also available for breast cancer and head and neck cancers.

I/P and O/P programs available at EB, EC, EG and EH.

Cardiac rehabilitation

For people with a diagnosis of heart failure or recovering from an acute cardiac episode such as a heart attack, open heart surgery or stent.

I/P and O/P programs available at EC and EG.

Long COVID

Some people can experience a range of symptoms for many months after a COVID-19 infection. They include: respiratory, cardiac, physical, cognitive, sensory and psychological impairments.

Our range of existing programs and specialist teams may be suitable to support the recovery from or ongoing management of symptoms.

Falls and balance

For people with symptoms of dizziness or imbalance as a result of damage to the inner ear or brain or who are at risk of falling due to age, illness or injury.

I/P and O/P programs available at EB, EC and EG.

Multi-trauma orthopaedics (including amputee)

Specialist rehabilitation care for people who have sustained a traumatic orthopaedic injury, amputation, spinal fractures, minor brain injuries, complex wounds and burns from an accident, including a motor vehicle or work-related accident.

I/P and O/P programs available at EG and EH.

Neurological rehabilitation

Specialist rehabilitation care for people who have suffered from stroke, concussion, spinal cord injuries, brain injury, Parkinson's disease, Multiple Sclerosis or Guillain Barre Syndrome.

These programs help to maximise their physical and cognitive independence, while also providing emotional and psychological support for patients and their families.

I/P and O/P programs available at EC, EG and ER.

Orthopaedic and musculoskeletal rehabilitation

For people who have had joint replacement surgery, amputation, fractures, spinal surgery and muscular dysfunction.

I/P and O/P programs available at EB, EC, EG, EH and ER.

Persistent (Chronic) pain

For people who suffer from chronic or persistent pain. This program encompasses psychological, physical and activity-based approaches to improve skills in managing pain.

I/P and O/P program available at EC and EG.

Pulmonary (lung and respiratory) conditions

For people with chronic respiratory conditions such as COPD (chronic obstructive pulmonary disease), emphysema, asthma, pulmonary fibrosis and lung cancer; or people who have had a recent pulmonary episode, lung or thoracic surgery.

I/P and O/P program available at EB.

Reconditioning

For people who have had major surgery or have suffered serious ill health and may have lost their independence and need additional support.

I/P and O/P program available at EB, EC and EG.

Rehabilitation in the home

Rehabilitation in the home (RITH) is a community-based service for people who require rehabilitation after a hip or knee replacement or who are covered by WorkSafe.

Available in metro Melbourne only.

Returning to your community

Our community integration team and dedicated programs help people return to life at home and in their local community. Programs include driver rehabilitation, return to work and school support and return to running or cycling.

O/P available in metro Melbourne only.

Weight and nutrition reconditioning

Bodywise is a reconditioning program for people diagnosed with obesity, high blood pressure, type-2 diabetes, high cholesterol, coronary heart disease, stroke or osteoarthritis.

O/P program available at EB, EC and EG.

KEY:		EC	Epworth Camberwell
I/P	Inpatient program	EG	Epworth Geelong
O/P	Outpatient program	EH	Epworth Hawthorn
EB	Epworth Brighton	ER	Epworth Richmond

EPWORTH CLINIC MENTAL HEALTH SERVICE

Epworth Clinic is a private mental health service at Epworth Camberwell providing psychiatric consulting, inpatient therapy and outpatient programs to treat a wide range of mental health concerns.

A referral from a GP or treating physician is required to access our mental health programs or to see an Epworth-accredited psychiatrist.

Epworth Camberwell

Phone: 9805 4338

Email: erc.intakeclinician@epworth.org.au

EPWORTH PRIVATE PRACTICE / ALLIED HEALTH CLINIC

Epworth Private Practice / Allied Health Clinic is designed to complement existing medical care by providing your patients with direct access to individual allied health practitioners and services.

Patients can book directly, without a referral.

Services include:

- Dietetics
- Hand therapy
- Physiotherapy
- Psychology
- Speech pathology (including specialised procedures such as videofluoroscopy)

Metro Melbourne

Most allied health therapies are available at all sites except Videofluoroscopy (only Richmond), hand therapy (only Hawthorn) and driver rehab (only Hawthorn).

Phone: 1800 148 100

Email: epworthprivatepractice@epworth.org.au

Epworth Geelong

Allied health therapies available: speech pathology, psychology and dietetics.

Phone: 03 5271 7700

Email: EG.Bookings@epworth.org.au

SLEEP STUDIES

The sleep units at Epworth Camberwell and Epworth Geelong evaluate the full spectrum of sleep disorders, providing soundproof rooms for quality sleep assessments.

The units also offer at-home sleep studies to assess and diagnose obstructive sleep apnoea. The Camberwell unit also provides a CPAP (Continuous Positive Airway Pressure) therapy and education clinic.

Epworth Camberwell

Phone: 03 9805 4208

Fax: 03 9805 4120

Email: camberwellsleepbookings@epworth.org.au

Epworth Geelong

Phone: 03 5271 7711

Fax: 03 5271 7700

Email: EG.Bookings@epworth.org.au

CONCUSSION CLINIC

A specialist multidisciplinary clinic with a range of health professionals working together to assess and manage the different aspects of a concussion injury.

Epworth Geelong and Epworth Hawthorn

Referrals can be made via details on page 3.

DRIVER REHABILITATION CLINIC

Epworth was the first rehabilitation facility in Australia to offer occupational therapy driver assessment and rehabilitation.

The program supports the safe return to driving, following an injury or illness.

The clinic provides an off-road assessment by an occupational therapist using a driving simulator to check eyesight, brake reaction times and cognitive abilities. It also provides an opportunity to learn how to use adaptive equipment in a safe environment. An on road assessment follows if safe to do so.

Epworth Hawthorn

Phone: 03 9426 8745

Email: ER-DrivingClinic@epworth.org.au

OLFACTORY IMPAIRMENT CLINIC

Epworth is the first rehabilitation facility within Australia to offer an Olfactory Impairment Clinic to assess and manage the loss of smell (known as olfaction) and associated changes in taste.

Epworth Hawthorn

Phone: 0439 501 750

Email: ERHOlfactoryClinic@epworth.org.au

SPASTICITY CLINIC

A specialist multidisciplinary clinic providing comprehensive assessment and long-term management for individuals with either upper limb or lower limb spasticity as a result of a neurological condition.

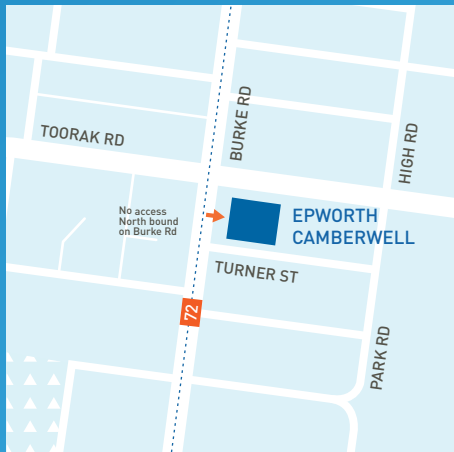
Epworth Geelong, Epworth Hawthorn and Epworth Richmond

Referrals can be made via details on page 3.



Epworth Brighton

85 Wilson Street,
Brighton VIC 3186



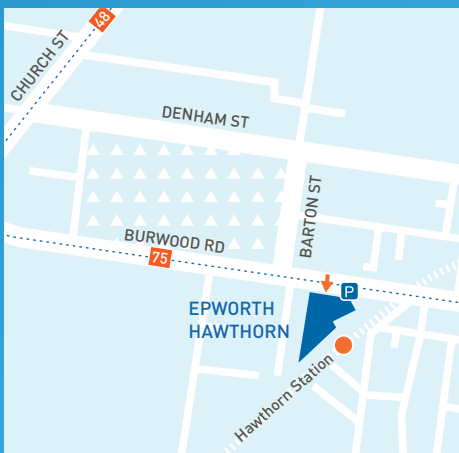
Epworth Camberwell

888 Toorak Road,
Camberwell VIC 3124



Epworth Geelong

1 Epworth Place,
Waurn Ponds VIC 3216



Epworth Hawthorn

50 Burwood Road,
Hawthorn VIC 3122



Epworth Richmond

29 Erin Street,
Richmond VIC 3121