

Transition to Specialty Practice Mental Health

Coordinator: Education Manager, Rehabilitation & Mental Health



This program enables nursing staff to grow, develop and succeed through enhancing their practice in the specialty of Mental Health nursing.

Eligibility

This program is for new or existing registered or enrolled nurses who have minimal experience caring for patients in mental health settings, providing the opportunity for nurses to develop knowledge, confidence and skills and reflect on clinical mental health nursing practice.

- > Applicants must be working in a mental health unit at Epworth Clinic.
- > Graduate nurses complete program as part of the graduate year.
- > Registered and enrolled nurses.
- > Expression of interest form to be completed by candidate to demonstrate commitment to the program.
- > Pre-approval by the applicant's Nurse Unit Manager.

Duration

- > Permanent contract, minimum 0.6 to full time
- > 6-month program

Venue

Epworth Camberwell



Learning content

- > 1 study day each month
- > Online learning via eLearning portal (approx. 2 hours per week)
- > Mental Health Professional Online Development (MHPOD) modules:
 - Mental Health Service System – the organisation
 - Confidentiality & privacy in practice
 - Legislation & mental health practice
 - Consumer identity & advocacy
 - Mental health histories & MSE
 - Risk assessment & management
 - Classification of mental disorders
 - Recovery
 - Dual Diagnosis
 - Social relationships – working with families
 - Impact of medical conditions
 - Pharmacological interventions
 - Effective documentation in clinical files
 - Reducing & eliminating seclusion & restraint
 - Trauma informed care
 - Working with people with Borderline Personality Disorder

Assessment required

- > 16 modules of MHPOD – certificate of completion to be uploaded (2 hours each)
- > Discussion forums and reflection exercises via eLearning portal (1 hour/week)
- > Attendance and participation at all 6 study days
- > Case presentation (1 hour)
- > Reflective supervision sessions with mentor (3 x 40 minutes)

Pre-requisite learning

No prerequisite in relation to entry apart from being an enrolled nurse, registered nurse or graduate nurse and commitment to the program.

Pathway to further study

Those who successfully complete this program may be eligible to proceed with external studies. Epworth supports and assists staff to complete post graduate studies; and staff may be eligible for scholarships through the Epworth Medical Foundation.